ICA ALUMNI SUCCESS STORIES

Highlighting the stories of ICA's incredible alumni

Sara Federspiel DeTar

ICA Class of 2000

Major/Area of Study: Bachelors in Zoology/PreMed and Masters in Healthcare Administration

Current Occupation: Virtual Health Program Implementation

Current Location: Cincinnati, OH



Name a memorable experience during your time at ICA: Favorite memories include the Sagebrush plays, sodality with the sisters, playing pranks on my classmates, and Mrs. Joanne Kemmerer's words of wisdom.

How did ICA help shape your career or life after graduation? The March for Life trip was eye opening seeing so many other good people fighting for the same cause that we were. After that and being in PLEAS, I went on during college to volunteer at a crisis pregnancy center. English composition taught by Sr. Mary Teresa helped establish basic essay skills which helped throughout college career.

What advice would you give to current ICA students or ICA alumni who are preparing for high school or college graduation? Take advantage of the opportunities outside the classroom, like plays and field trips, and stay close to your ICA friends.

What's something you're particularly proud of achieving since graduation? Proud that I was able to get my MHA and have a good career and proud to see my kids thriving at ICA and getting similar opportunities that I had.

If you could go back and give your high school self one piece of advice, what would it be? I would probably tell my 17 year old self to choose a different undergrad course of study, but it all worked out in the end.

What are some of your passions or interests outside of work? My kids' sports and activities. Travel with friends and family. True Crime TV.

What is a favorite quote you'd like to share with our alumni and current students? "You must do the thing you think you cannot do" - Eleanor Roosevelt